

*Abby Folks*  
By Cheryl Wiens

# ***Music makes for good health***

What do nursing and teaching music have in common? For Abbotsford resident Linda Jane the bridge is a natural one.

She is a 30-year veteran of nursing/medicine, and a musician for even longer. Recently, Linda decided to merge her two interests.

"I loved nursing. It educated me in the art of observation, nurturing and recognizing the needs of others.

"These are also very necessary requirements for a music teacher. My passion has always been music. It is a way for me to care for people that enriches their lives."

That way has turned into interesting assignments for Linda and her Creative Music Factory. Her talents

include piano lessons, therapeutic sessions, palliative care, and working with autistic children.

She has many unusual instruments which are user friendly and meant to be experimented with. Musical exploration unleashes creativity, which is a positive and fun experience for everyone.

Linda Jane's variety of instruments draw people like a magnet; the smooth tinkle of a keyboard, the soft boom of a drum, and a tentative tweet on a penny whistle.

These sounds do indeed bring smiles to faces.

For Linda Jane and her students, having fun with music is a good prescription for happiness.

